

H A R D I N G U N I V E R S I T Y

GRADUATE SCHOOL of RELIGION
Transforming Leaders

5755 Addiction and Violence in Families
Harding University Graduate School of Religion
George Tsirgiotis, M.A.R., MEd, LPC, LMFT
Spring 2010

Course Textbooks:

Curtis, Olivia. Chemical Dependency: A Family Affair. Pacific Grove, CA: Brooks/Cole Publishing Co., 1999. ISBN 0-534-35583-8

Gelles, Richard J. Intimate Violence in Families. 3d ed., Thousand Oaks, CA: Sage Publications, Inc., 1997. ISBN 0-7619-0123-X

Lewis, Judith A., Robert O. Dana, and Gregory A. Blevins. Substance Abuse Counseling. 3d ed., Pacific Grove, CA: Brooks/Cole Publishing Co., 2002. ISBN 0-534-36428-4

Nakken, Craig. The Addictive Personality: Understanding The Addictive Process And Compulsive Behavior. 2d ed., Central City, MN: Hazelden Foundation, 1996. ISBN 1-56838-129-8

Wickham, Randall Easton and Janet West. Therapeutic Work With Sexually Abused Children. London: Sage Publications, Ltd., 2002. ISBN 0-7619-6969-1

Textbooks are available through our book services on campus. You can order them by email (bdavid@hugsr.edu), phone (901-432-7735 or 800-366-7481), or fax (901-761-1358).

Course Objectives:

- To help students gain an understanding of the process of addiction, addictive personality traits, and types of addiction.
- To examine and evaluate prominent theories of addiction.
- To explore addiction in the context of the family, and family systems theory.
- To educate students regarding violent behavior in families and the forms it takes.
- To present an understanding of childhood sexual abuse and the contexts in which it occurs.
- To identify positive treatment approaches for both addiction and family violence, in individual and family therapy settings.
- To identify the ethical and personal challenges faced by counselors working with the populations discussed in this course.

Course Requirements:

1. **Text Readings:** Each class period will be a mixture of lecture and discussion. It is important to come to class prepared to discuss the text material. Each student will be asked to sign a statement each week indicating that he or she has read the assigned material.
2. **Research Papers:** Each student will select one topic of interest related to addiction and one topic related to family violence. Topics may be selected from the list of suggested topics, or another topic approved by the instructor. A 10-12 page research paper with at least 15 sources will be required on each topic selected. The addiction paper will be due on **March 8, 2010**; The family violence paper will be due on **April 20, 2010**.

3. Grading:

Weekly Text Readings	10%
Addiction Paper	20%
Family Violence Paper	20%
Midterm	25%
Final	25%

The grading scale is as follows:

100-90 = A 89-80 = B 79-70 = C 69-60=D

4. **Personal Availability:** As an adjunct instructor I do not have on-site office hours. I can, however, be available on an as-needed basis if you contact me to arrange it. My cell number is: 901-482-5568; office: 901-947-4355; emails: CounselorGeorge@AOL.COM; georgetsirgiotis@yahoo.com; george.tsirgiotis@frnmail.com
5. **Students with Disabilities:** It is the policy of Harding University to accommodate students with disabilities, pursuant to federal and state law. Any student with a disability who needs accommodation should inform the instructor at the beginning of the course. Students with disabilities are also encouraged to contact Steve McLeod, the Associate Dean, at 761-1353.
6. **Library Resources:** Information concerning library resources for students is available on the HUGSR Web site (www.hugsr.edu). Under the "Library" tab, you will find a link and instructions for searching the HUGSR online catalog (Quest). There are also instructions for using the following databases available through the library: OCLC FirstSearch, EBSCOhost, Infotrac, PsycINFO, and Religious and Theological Abstracts. Contact the library for passwords to these databases. The research guides distributed in 5770-Research in Counseling are available on site as well. These annotated bibliographies list basic tools you will find helpful in your research.

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Course Outline:

Class
Period:

- 1 1/5/10 Introduction to Addiction. Lewis, Dana and Blevins (LDB) Ch. 1; Nakken Ch. 1
- 2 1/12/10 The Disease Model of Addiction. Doweiko p. 18-54 (on reserve)
- 3 1/19/10 Addictive Objects: Chemicals. LDB Ch. 9; Johnson Ch. 2 (on reserve)
- 4 1/26/10 Addictive Events and Behaviors; Dual Diagnosis Issues. Nakken, Ch. 2,3;
 Van Wormer and Davis 247-260 (on reserve)
- 5 2/2/10 Assessment and Treatment Planning. LDB Ch. 2,3,4
- 6 2/9/10 Relapse Prevention Planning. LDB Ch. 5; Gorski and Miller pp. 57-70; 103-128
 (on reserve)
- 7 2/16/10 Addiction in the Family, Part One. Curtis, Ch. 1-6; Nakken Ch. 4
- 8 2/23/10 **Paper Due.** Addiction in the Family, Part Two. Curtis, Ch. 7-12; LDB Ch. 6

 3/02/10 Class will not meet

 3/9/10 Class will not meet
- 9 3/16/10 Midterm Exam
- 10 3/23/10 Introduction to Family Violence. Gelles, Ch. 1, 2, 6; Wickham and West, Ch. 1, 2
- 11 3/30/10 Adult Victims of Family Violence: Spouses and Others. Gelles, Ch. 4, 5
- 12 4/6/10 Child Victims of Family Violence. Gelles Ch. 3; Wickham and West, Ch. 3, 8, 9, 10
- 13 4/13/10 Working With Child Victims. Wickham and West, Ch. 5, 6, 7, 11, 12, 13
- 14 4/20/10 **Paper Due.** Personal and Ethical Concerns for Counselors. Wickham Ch. 4; Saakvitne
 and Pearlman, Ch. 1, 3 (on reserve)
- 15 4/27/10 Final Exam

5755 Addiction and Violence in Families Suggested Research Paper Topics

Addiction:

- Solution-focused models for addictions counseling
- Co-occurrence of chemical dependency and sexually transmitted diseases
- Ethical and treatment considerations in treating chemically dependent adolescents
- Effectiveness of methadone maintenance programs for recovery from opiate dependence
- Long-term physical effects of marijuana use
- Effectiveness of confrontational groups in addictions treatment
- Cybersex or internet pornography addiction
- Bulimia as an addiction vs. compulsive disorder
- Chemical dependency and Bipolar disorder
- Cocaine/Alcohol/Marijuana/Opiate use (choose one) in the context of a specific culture (African-American, Western European, Asia, etc.)
- Gender differences in chemical dependency
- Effectiveness of 12-step groups for addictions recovery
- Family therapy models for addiction
- Co-occurrence of alcoholism/chemical dependency and childhood sexual abuse
- Use of anti-depressants as a treatment strategy for alcoholism
- Latest research on the disease concept of addiction (to support or refute)

Family Violence:

- Child sexual abuse in the context of a specific culture (African-American, Western European, Asia, etc.)
- Abuse of the elderly
- Strength-based treatment models for batterer/victim couples
- Current research on long-term effects of incest
- Long-term effects of childhood sexual abuse on either gender
- Treatment models for battered women that focus on empowerment
- Co-occurrence of child abuse and ADHD
- Co-occurrence of bulimia/anorexia and childhood sexual abuse
- Co-occurrence of borderline personality disorder and childhood sexual abuse
- Treatment models for sexual perpetrators
- Co-occurrence of obsessive-compulsive disorder and childhood abuse
- Treatment models for family violence that keep the family intact
- Effectiveness of child abuse reporting law on occurrence of abuse
- Co-occurrence of spousal abuse with alcoholism
- Family violence/sexual abuse in blended families

Note: The above topics are suggestions. You may find these topics too broad or too narrow when searching for information. Feel free to alter them according to your interest or according to the direction your research takes you. You may choose an entirely different topic related to the two major subject areas in this course. Be sure to have your final topic approved by the instructor.

Additional Resources:

- A.A. World Services, Inc. Alcoholics Anonymous. 3d ed., New York, NY, 1976
- _____. Living Sober: Some Methods A.A. Members Have Used For Not Drinking. New York, NY, 1975.
- _____. Twelve Steps And Twelve Traditions. New York, NY, 1952.
- Abadinsky, Howard. Drugs: An Introduction, 5th ed. Pacific Grove, CA: Brooks/Cole Publishing Co., 2004.
- American Psychiatric Association. Diagnostic And Statistical Manual Of Mental Disorders, 4th ed., Washington, DC, 1987.
- Beattie, Melody. Codependent No More. San Francisco, CA: Harper& Row Publishers, 1987.
- Benshoff, John J. and Timothy P. Janikowski. The Rehabilitation Model Of Substance Abuse Counseling. Pacific Grove, CA: Brooks/Cole Publishing Co., 2000.
- Berg, Insoo Kim and Scott D. Miller. Working With The Problem Drinker: A Solution-Focused Approach. New York, NY: W. W. Norton and Company, 1992.
- Buelow, George D. and Sidne A. Psychotherapy In Chemical Dependence Treatment: A Practical And Integrative Approach. Pacific Grove, CA: Brooks/Cole Publishing Co., 1998.
- Buelow, George D., Suzanne Herbert and Sidne A. Buelow. Psychotherapist's Resource On Psychiatric Medications: Issues Of Treatment And Referral. Pacific Grove, CA: Brooks/Cole Publishing Co., 2000.
- Cassidy-Shaw, Aimee K. Family Abuse And The Bible: The Scriptural Perspective. New York, NY: The Haworth Pastoral Press, 2002.
- Doweiko, Harold E. Concepts Of Chemical Dependency, 5th ed., Pacific Grove, CA: Brooks/Cole Publishing Co., 2002.
- Ferrara, F. Felicia. Childhood Sexual Abuse: Developmental Effects Across The Lifespan. Pacific Grove, CA: Brooks/Cole Publishing Co., 2002.
- Fingarette, Herbert. Heavy Drinking: The Myth Of Alcoholism As A Disease. Berkeley, CA: University of California Press, 1988.
- Frank, Don and Jan. When Victims Marry. San Bernadino, CA: Here's Life Publishers, Inc., 1990.

- Friends In Recovery. The Twelve Steps For Christians, revised ed., Julian, CA: RPI Publishing, Inc., 1994.
- Gorski, Terence T. and Merlene Miller. Staying Sober: A Guide For Relapse Prevention. Independence, MO: Herald House, 1986.
- Griffin-Shelley, Eric. Sex & Love: Addicion, Treatment, & Recovery. Westport, CT: Praeger Publishers, 1991.
- Helfrich, Christine A., ed. Domestic Abuse Across The Lifespan. The Role of Occupational Therapy. New York, NY: The Haworth Press, Inc. 2001.
- Hemfelt, Robert, Frank Minirth, and Paul Meier. Love Is A Choice: Recovery For Codependent Relationships. Carmel, NY: Guideposts, 1989.
- Jellinek, E. M. The Disease Concept Of Alcoholism. New Haven, CT: College and University Press, 1960.
- Johnson, Jerry L. Fundamentals Of Substance Abuse Practice. Pacific Grove, CA: Brooks/Cole Publishing Co., 2004.
- Jung, John. Under The Influence: Alcohol And Human Behavior. Pacific Grove, CA: Brooks/Cole Publishing Company, 1994
- Karson, Michael. Patterns of Child Abuse: How Dysfunctional Transactions Are Replicated In Individuals, Families, And The Child Welfare System. New York, NY: The Haworth Maltreatment and Trauma Press, Inc., 2001.
- Kaufman, Edward and Pauline Kaufmann. Family Therapy Of Drug And Alcohol Abuse, 2d ed., Boston, MA: Allyn and Bacon, 1992.
- Kelly Foundation. Recovery Dynamics: Counselor's Manual. Little Rock, AR, 1989.
- Kemp. Alan. Abuse In The Family: An Introduction. Pacific Grove, CA: Brooks/Cole Publishing Co., 1998
- Margolin, Judith A. Breaking The Silence: Group Therapy For Childhood Sexual Abuse. New York, NY: The Haworth Maltreatment and Trauma Press, Inc., 1999.
- Marlatt, C. Alan and Judith Gordon, eds. Relapse Prevention: Maintenance Strategies In The Treatment Of Addictive Behaviors. New York, NY: The Guilford Press, 1985.
- Minirth, Frank, Paul Meier, Robert Hemfelt, and Sharon Sneed. Love Hunger: Recovery From Food Addiction. Nashville, TN: Thomas Nelson Publishers, 1990.
- Peele, Stanton. Diseasing Of America: Addiction Treatment Out Of Control. Lexington, MA: D.C. Heath and Company, 1989.

- Reiners, Ken. There's More To Life Than Pumpkins, Drugs, And Other False Gods. Wayzata, MN: Woodland Publishing Company, Inc., 1980.
- Ross, Colin A. The Trauma Model: A Solution To The Problem Of Comorbidity In Psychiatry. Richardson, TX: Manitou Communications, Inc., 2000.
- Saakvitne, Karen W. and Laurie Ann Pearlman. Transforming The Pain: A Workbook On Vicarious Traumatization. New York, NY: W.W. Norton & Company, 1996.
- Schaef, Anne Wilson and Diane Fassel. The Addictive Organization. San Francisco, CA: Harper Collins Publishers, 1988.
- Trepper, Terry S. and Mary Jo Barrett. Systemic Treatment Of Incest: A Therapeutic Handbook. New York, NY: Brunner-Routledge, 1989.
- Typpo, Marion H. and Jill M. Hastings. An Elephant In The Living Room: A Leader's Guide For Helping Children Of Alcoholics. Minneapolis, MN: CompCare Publishers, 1984.
- Van Wormer, Katherine and Diane Rae Davis. Addiction Treatment: A Strengths Perspective. Pacific Grove, CA: Brooks/Cole Publishing Co., 2003.
- World Service Office, Inc. It Works: How And Why. Van Nuys, CA, 1993.
- World Service Office, Inc. Narcotics Anonymous, 3d ed., Van Nuys, CA, 1984.

**5755 Addiction and Violence in Families
Term Paper Scoring Sheet**

Name: _____

Paper: Addiction Violence

Scoring Scales:

Form:

1. Use of Turabian style	0	1	2	3	4	5
2. Proper grammar, proper voice, etc.	0	1	2	3	4	5
3. Was the paper on time? (deduct one point per full 24 hours late)	0	1	2	3	4	5

Research:

4. Did the paper show adequate research? (by number and quality of sources)	0	1	2	3	4	5
5. Was there an adequate range of sources? (books, articles, internet, etc.)	0	1	2	3	4	5

Content:

6. Did the paper cover the topic?	0	1	2	3	4	5
7. Was the appraisal of the topic objective? (did it present all sides of the issue)	0	1	2	3	4	5
8. Organized thoughts well?	0	1	2	3	4	5
9. Was the content balanced? (right amount of space devoted to each section of the paper; points taken off if paper is too long)	0	1	2	3	4	5
10. Did the paper demonstrate the topic as important or worth researching?	0	1	2	3	4	5

Total Score: _____ Percentage: _____ Letter Grade: _____